

# 6 POWERFUL QUESTIONS

*To Supercharge Your Business Success and Satisfaction!*



A Gift for You from

*Connie Jones*  
COACHING  
AWAKEN • UNCLASH • SOAR

# 6 Powerful Questions To Supercharge Your Business Success and Satisfaction!

**You're a successful business owner, but deep inside you feel a fire burning for SO MUCH MORE!** You yearn to make more money, expand your impact, feel greater fulfillment, and have more free time. But the more you work and the harder you try, the more frustrated and exhausted you feel. You just can't break through that upper limit ceiling, no matter what you do - and you're tired of not seeing results that match the energy, time, and resources you've invested.

I've been here before too. For years, I strived, working longer and harder, doing all the things, and soaking up all the knowledge. I spent countless hours and thousands of dollars trying to implement all the strategies and formulas for success, including several business coaching programs and courses that offered only surface level solutions and encouraged me to DO more, but none of it produced the results I wanted.

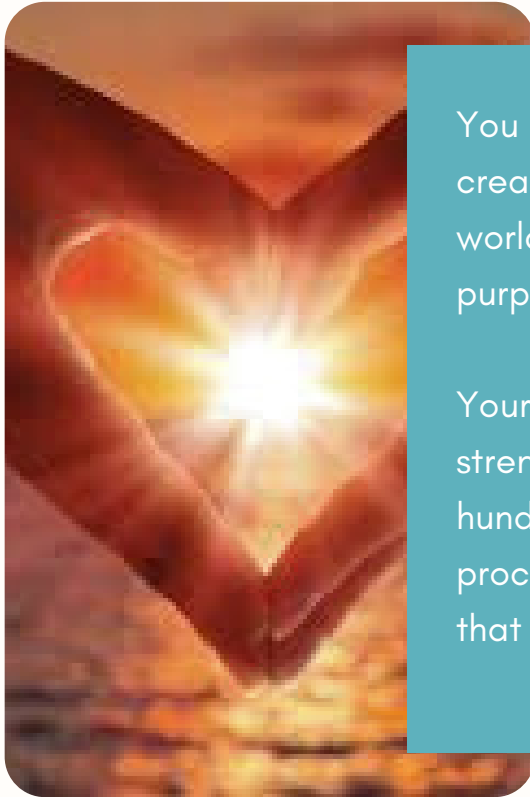
Putting forth greater effort and sacrificing more of myself came at a huge cost to my mental and physical health, and my happiness. Eventually, I experienced burnout and breakdown. As a result, **I discovered some powerful new wisdom that produced major BREAKTHROUGHS in my life and business.** I've experienced such amazing results that I am passionate about coaching other successful, high achieving service-based business owners to BREAKTHROUGH to next level Abundance, Impact, Freedom, and Fulfillment in their business.



## *A Challenge from Connie*

To jump start your journey to making your dream your reality, spend some time with these questions.

# Who Are You In Your True Essence?



You are a magical, magnetic divine being created to fulfill a unique purpose in this world. The first step to discovering your purpose is understanding your true ESSENCE.

Your essence encapsulates your unique gifts, strengths, values, and passions. I have guided hundreds of clients through this discovery process, and the clarity and empowerment that people receive from it is life shifting.

When we clearly understand and then learn to embody our Essence, we grow and develop into the highest version of ourselves. Then, as we learn how to connect deeply and personally with God, we access more of His power and wisdom and embrace and harness our unique superpowers, and our message and share that with the world.

Embodying our Essence allows us to be the freest, fullest, most abundant, joyful, impactful version of ourselves so we can then live and lead from the most powerful place inside of us - our heart. We are then the most incredible creators of what is uniquely ours to co-create with God into the world in our lives and our businesses.

# Who Are You in Your True Essence?

Our Essence creates a magnetic aroma that attracts our people, opens possibilities and allows the flow of ease and abundance into our business and life. Our Essence is also our clarity and compass that guides our way. When we are in our Essence, we can clarify our Why and our Vision. We know what to say “yes” and “no” to, and how to spend our time and energy.

We are clear about our priorities, and our messaging flows from us with clarity and ease too. We are empowered to lead and grow our business in a way that feels aligned, easeful, and enjoyable.



Reflection: Close your eyes. Quiet your mind and still your body. Take some deep breaths. Envision and embody the most powerful, aligned, authentic version of you. What are your unique gifts, passions, and strengths? Who are you in your Essence? From a centered, grounded state, write out 10 words to describe you in your unique Essence. How can you practice fully embodying your essence every day? How can you begin to lead your business from your embodied essence with clarity, confidence, courage, and conviction? How will that change the way you lead and grow your business? Do you yearn for a deeper understanding of your true essence so you can lead your business from your most powerful, expanded self? I'd love to help you explore and embody it so you can SOAR to next level success and satisfaction in business and life.

# What Is Your Big Why?



You are a powerful, divine being with a unique purpose to fulfill. You are a powerful creator and change maker.

Yet, are you leading success driven instead of passion fueled and purpose centered? Being driven for success entraps us in the hustle and grind, which is frustrating, exhausting, and limiting.

When we are clear on our WHY, our passion becomes fuel, and we tap into an abundance of energy, creative power, and resources that aren't available to us otherwise. When our why is big enough, it outweighs our worries, fears, and doubts, too. So, we take courageous action and bigger leaps that produce greater outcomes.

What is your big why? What lights you on fire for the bigger contribution you want to uniquely make in the world?

Discovering my bigger why was a game changer for me, and it's the same for the talented business owners I coach. It's much more fun and enjoyable to lead and grow my business from this deeper place of clarity and conviction.

And the results? Next level Abundance, Impact, and Success!



# What Is Your Big Why?

Reflection: Find a quiet place where you can still your mind and relax your spirit. Spend some time getting clear about your Big Why. What lights you on fire for the bigger contribution you are making in the world? Let your heart pour out on paper in detail about how you want to share your unique gifts.

# What Is Your Clear and Compelling Vision For Your Business?



It's also important to clarify your vision for business. If it's not clear, you will stay stuck in the reactivity trap - in the daily stress and responsibilities that are urgent - but miss what's most important. You will also feel confused about how to spend your time and energy to be most effective.

Clarifying and writing down my dream for my life and business was a huge step to move me closer to it. Clarity is power! Once I had it, miracles began to happen FOR me. I began to understand how the universe (as God created it) really functions, and how it conspires to support me in every way as I live authentically and congruently. I'm also much clearer on my priorities and how to best use my time and energy.

Reflection: Go out in nature or somewhere you can be still and quiet, and reconnect to your heart. Spend time envisioning your dream for your business and your life. Dream BIG, and don't hold back. Write it down in detail and be specific. Don't worry about the "How". That will keep you stuck. When you know the "Why" and the "What", the "How" makes itself much clearer. Release any past experiences, any "naysaying" judgments in your mind, or fear of judgment from anyone else. Enjoy envisioning your dream!

# Is the business you're creating aligned with the lifestyle values that are most important to you?



Do you feel aligned with your dream for your business? The whole reason most of us start a business is for the freedom that it offers. If your business isn't supporting the life you want to be living, then it's time to make some shifts.

What disturbs me most about business coaching programs and courses is that often, they teach you strategies and formulas for success in a cookie cutter program, but you spend more time and energy working hard to build something that doesn't align with what you want most. (i.e. deeper fulfillment and joy and more free time and energy to do what you love!)

Everything changed in my business when I got clear about my lifestyle values and built my business aligned with what was most important to me. The shifts I needed to make became clear, and I spent more time and energy doing more of what I enjoyed. And I'm more creative and have more energy.

Reflection: What are your lifestyle values? What is most important to you? (i.e. more time with your family, travel, financial freedom, more time and energy for your health, etc.) When you're living the life you want to be living, how many days and hours a week do you work? What role/roles do you play in the business? How do you spend your time and energy when you're working? What support/team do you have in place? When you're not working, how are you spending your time?



# Do you believe that you are worthy of the success and satisfaction you want?



We often don't have the success and satisfaction we want in our business because we don't believe we are worthy and deserving of it.

When our deeper core belief is that we can't have what we want and we aren't worthy or deserving of it, we limit ourselves to that reality. We subconsciously resist it, even though we believe it is our goal.

As a result, we feel as though we have to do enough and have enough to try to be enough. And it's never enough. If we do achieve it, we sabotage it.

I believed both lies, too. For many years, I didn't allow myself to dream of having more because of what I felt I deserved. I remained stuck until I realized how my subconscious programming was limiting me.

When I learned how to reprogram my mindset to believe for and open to receive more, MAJOR BREAKTHROUGH happened in every area of my life and business!

# Do you believe that you are worthy of the success and satisfaction you want?

Reflection: Examine your beliefs. Do you struggle with believing that you are worthy and undeserving of the success and satisfaction you want? It will take some time and work but the good news is that it can change. And I'm happy to help you make that change.

Answer these questions in a journal. If you could feel worthy and deserving of the success and satisfaction you desire in your business, what would it feel like? How would it change the way you view and feel about yourself? How would it change the way you view and feel about your business and all the more that is available to you? What changes/shifts would you make as a result?

# Are you being intentional and strategic about creating your dream for your business?



Are you living reactively to the daily demands of your business? Is your business running you instead of you running it?

If you're trying to meet all the demands, do all the things, and fill in all the gaps, you probably haven't stopped to examine if it's all really moving you closer to what you want. When you slow down, in the quiet moments, you may wonder "How did I get here?" You may feel stuck because it's not at all what you thought it would be.

Have you taken the time to create an effective strategic plan with clear, aligned action steps that will empower you to move your vision forward with ease and enjoyment? If not, it's time to. It's a game changer. You know exactly what is priority and how to most effectively spend your time, energy and resources on a daily basis, and you get results you're proud of.

You wouldn't build a house without a blueprint, so why build your masterpiece of a business without a strategic plan? It is the key to building the scalable, sustainable, profitable, and enjoyable business you want.

# Are you being intentional and strategic about creating your dream for your business?

Reflection: Stop for a moment and examine how you're spending your time and energy every day. Are you being reactive or are you intentionally creating the business of your dreams on a daily basis? Do you have a blueprint for your business that you're confident in and see the results you want? If you don't have a strategic plan for your business, why don't you? If you could spend your time and energy more effectively and intentionally, what would shift for you?

## Conclusion and Next Steps

I hope these 6 powerful questions helped shift your perspective and open you to new possibilities for creating the business of your dreams. That fire inside of you is there because that dream is yours to bring forth into the world! You have everything it takes to make it a reality.



I would love to have a conversation with you and see if we might be a good fit to partner together so you can close that gap between your dream and your reality.

It's time to grow your business aligned with your lifestyle values and create significant Revenue Increase, Expanded Impact, Greater Joy and Fulfillment, and More Free Time to Do What You Love.

If you're ready to take the next step, then let's talk.

[Schedule a free vision strategy session with me!](https://calendly.com/conniej/45-minute-vision-strategy-coaching-session-with-connie)

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# Who is Connie Jones?

Connie Jones is a savvy Business Growth Strategist who coaches heart centered, mission driven Business Owners to SOAR into aligned success and build a business and life of Freedom, Impact, and Abundance! Her high caliber coaching programs result in significant income increases, greater impact, abundant joy, and more free time for her clients.

Connie guides her clients through meaningful transformation inspired by her own past frustrations with the gap between her reality and her dreams in her business and life. She developed the wisdom, knowledge, and tools to build her ideal business and life, and she now coaches other change makers to do the same.



Blending her background as a Psychotherapist, Transformation Coach, and Business Growth Strategist, she helps her clients clarify their vision and create an effective, scalable and sustainable business growth strategy with aligned action steps to move their vision forward so they can SOAR to next level success, impact, and freedom. As an intuitive and dynamic motivator, she guides them in breaking through unconscious and energetic blocks, transforming ineffective patterns of behavior, and learning to trust their inner wisdom and intuition. She teaches them how to maximize their time and energy, harness their superpowers, and make quantum leaps using spiritual principles to make their vision their reality. As a result, they develop into the confident, empowered Visionary CEO Leader and brilliant Change Maker they were made to be! The result is increased revenue, more free time, expanded impact, and more ease and enjoyment in business and life! [www.conniejonescoach.com](http://www.conniejonescoach.com)

Connie is also the founder and owner of Arise Counseling and Coaching, a private counseling and coaching practice in Peachtree City, Georgia, where she leads and develops their team of talented Therapists and Coaches to empower people to Thrive In A Life Of Freedom and Fullness! [www.arisecounselingandcoaching.com](http://www.arisecounselingandcoaching.com)