

## The How To Of Transformation: Living A Transformed Life with Clint Byars

### Warrior Arise! Podcast [Show Notes]

*The mission of the Warrior Arise! Podcast is to inspire, empower, and equip you to think, feel, and act like the powerful Warrior you are so you can Live and Lead bravely, freely, and authentically in your unique purpose and destiny. In each episode, I'll impart hope, passion, and wisdom from my own journey from struggling, striving, and surviving to thriving. You will glean my expertise as a highly sought-after therapist and coach for more than a decade. You'll also hear vulnerable, authentic conversations with fellow Warriors who will share their stories of living in and leading with courage, freedom, and authenticity in a passion fueled and purpose centered life.*

*As a result, you will awaken to your true essence and power and uncage from patterns of thinking and behaving that hinder you so you can live in deeper satisfaction and soar to next level success in life, work, and business! Victory and prosperity are our inheritance. Promised land living is your birthright. As Warriors, we must claim ownership and step into what is ours to possess.*

We are inundated with the “ought to’s” of life, but this episode is all about the “how to’s”. Clint and Connie dive deep into how to experience powerful internal transformation. We want change in our life. We yearn to feel happier, more peaceful, and we want to break through the same old stuck. This discussion is packed full of wisdom and practical tools to experience true transformation.

During our conversation, Clint:

- Explains how our beliefs are formed and how we can renew our minds.
- Shares insight into why our spoken words are powerful.
- Discusses what life transformation looks like and how we get it.
- Shares some great resources for people who desire or are going through the process of transformation

Clint Byars is the founding and lead pastor of Forward Church in Sharpsburg Georgia.

He has authored eight books, including a fiction trilogy called The Watchers Chronicle.

In addition to over 70 teaching series, Clint has created a series of guided prayer and meditation resources called Tools for Transformation and offers online courses through Forward School of Transformation.

Clint has a relatable teaching style and focuses on the transformative power of grace and new covenant identity. His philosophy is “when you know God’s love for you, you will allow his grace to transform you.”

#### Quotes from this Episode:

“We live out what we believe.” — Clint Byars

“You are attracting to what you believe, whether it be good or bad.” — Clint Byars

“Pay attention to what you say, because it will reveal to you what you actually believe.” — Clint Byars

“You literally can change the part of you that controls you without you thinking about it.” — Clint Byars

“You're not working to earn it, you're working to experience it.” — Clint Byars

**Resources:**

Website:

[www.clintbyars.com](http://www.clintbyars.com)

[www.forward.church](http://www.forward.church)

Facebook: <https://www.facebook.com/clintbyars>

Twitter: <https://twitter.com/clintbyars>

Instagram: <https://www.instagram.com/clintbyars/>

**Golden Timestamp:**

**36:30-37:43** - Shares the beauty of transformation.

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