

## Restoring Hope In God with Jennifer Conforti

### Warrior Arise! Podcast [Show Notes]

*The mission of the Warrior Arise! Podcast is to inspire, empower, and equip you to think, feel, and act like the powerful Warrior you are so you can Live and Lead bravely, freely, and authentically in your unique purpose and destiny. In each episode, I'll impart hope, passion, and wisdom from my own journey from struggling, striving, and surviving to thriving. You will glean my expertise as a highly sought-after therapist and coach for more than a decade. You'll also hear vulnerable, authentic conversations with fellow Warriors who will share their stories of living in and leading with courage, freedom, and authenticity in a passion fueled and purpose centered life.*

*As a result, you will awaken to your true essence and power and uncage from patterns of thinking and behaving that hinder you so you can live in deeper satisfaction and soar to next level success in life, work, and business! Victory and prosperity are our inheritance. Promise land living is your birthright. As Warriors, we must claim ownership and step into what is ours to possess.*

Successful and strong, Jennifer Conforti had her life planned, and she was excited about her future. Until she discovered that she was pregnant at 42 years old when she didn't want children. Later, she found out that her young daughter had a brain disability that had severe implications. In this episode, Jennifer shares her devastation from the turn her life took, and the deep pain and pervasive anger she felt towards God for exchanging her good plan with one wrought with struggle and anguish. She channeled her anger to battle for her daughter's well-being in spite of the extreme challenges they endured. Jennifer recounts her journey from questioning God's goodness and shutting Him out to restoring her hope in Him and saying "yes" to the beautiful story of healing and even greater purpose that He is writing in her life. She drops pearls of wisdom throughout that are inspiring and life-shifting, and her story is one of restored hope that He is trustworthy, and His promises prevail.

#### **In this Episode, Jennifer:**

- Shares the struggle that she faced along the way to living with courage, freedom, and authenticity.
- Walks us through her journey of parenting a daughter with a disability and how it changed her life.
- Explains how God turned her pain into purpose.
- Offers wisdom and encouragement to those who are struggling.

Jennifer Conforti is a former management consulting business owner who moved from Chicago to Atlanta in 2008 to take a chance on a budding relationship. That bud burst open in 2010 when she married Byron Pugh and their beautiful daughter, Abby, joined their lives later that year. The band of 3 moved to Fayette Co., GA, in 2013 and she fell in love again, this time with her new community. She made a promise to her husband that they would be intently involved in their new community with the hope of having a positive impact. Her professional purpose is to promote, inspire and network businesses toward success and she is honored and thrilled to put her purpose to work through Fayette County Lifestyle.

#### **Quotes from this Episode:**

"I always knew that faith was very real." — Jennifer Conforti

"I hate accepting defeat I am an achiever, I am a pusher, a mover, a shaker, a powerful person." — Jennifer Conforti

**“I gave birth to a living legacy and what a joy that is.” — Jennifer Conforti**

**“If God is telling you to do something if you feel like you're truly being led by the Spirit, and you've asked for wisdom about it, just say yes.” — Jennifer Conforti**

**Resources:**

Website: [citylifestyle.com/fayettecounty](http://citylifestyle.com/fayettecounty) and [twosparrowsvillage.org](http://twosparrowsvillage.org)

Facebook: <https://www.facebook.com/fayettecountylifestyle>

Instagram: <https://www.instagram.com/fayettecountylifestyle/>

**Golden Timestamp:**

**29:13-30:17** - Talks about how she accept God and her situation in life.

**41:22-41:59** - Talks about how the Holy Spirit wakes her up.

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