

From Dry Bones to A Tree Of Life with Amanda Gunter

Warrior Arise! Podcast [Show Notes]

The mission of the Warrior Arise! Podcast is to inspire, empower, and equip you to think, feel, and act like the powerful Warrior you are so you can Live and Lead bravely, freely, and authentically in your unique purpose and destiny. In each episode, I'll impart hope, passion, and wisdom from my own journey from struggling, striving, and surviving to thriving. You will glean my expertise as a highly sought-after therapist and coach for more than a decade. You'll also hear vulnerable, authentic conversations with fellow Warriors who will share their stories of living in and leading with courage, freedom, and authenticity in a passion fueled and purpose centered life.

As a result, you will awaken to your true essence and power and uncage from patterns of thinking and behaving that hinder you so you can live in deeper satisfaction and soar to next level success in life, work, and business! Victory and prosperity are our inheritance. Promise land living is your birthright. As Warriors, we must claim ownership and step into what is ours to possess.

In this episode, Amanda Gunter shares how she discovered her passion and purpose, which landed her the owner of multiple Brain Balance centers. Her work of rehabilitating and healing children with disabilities is challenging yet incredibly rewarding work. Coupled with an extremely stressful season in business, it all came at a cost to Amanda. She recounted this season and the toll it took on her health until she sought guidance and support from God and a professional counselor. Through that journey, she realized that striving for her worthiness was futile, and she had to learn a new way to live and work free from struggle, striving, and surviving. She shares the details of her road back from the dry bones of her existence to God's restoring her back to a tree of life. Her journey continues and God is faithful.

In this Episode, Dana:

- Shares her story of struggle and journey to discovering her passion and purpose.
- Recounts her journey of healing, freedom, and transformation.
- Encourages those who are struggling with overachieving and overwhelm how to learn a new way of living and leading.

Amanda is a passionate lover of Jesus and believes her life calling is to help children overcome their disabilities and see complete healing and wholeness in them and their families. She desires all children and their parents to be able to fulfill their God-given destiny. Amanda graduated from the University of Georgia in 2004 with a degree in Special Education, with a concentration in Autism Spectrum and Behavior Disorders. She graduated in 2006 with a Master's Degree in Moderate Disabilities from Cambridge College. She is the Executive Director and owner of Brain Balance of Peachtree City, Ga. It has been a dream to be able to own the center where she started her Brain Balance career! The Brain Balance of Peachtree City and Amanda are celebrating their 15th year serving families of south Atlanta!

Quotes from this Episode:

"You don't just get there overnight."—Amanda Gunter

"Rest can be a weapon."—Amanda Gunter

"Sometimes it really is just being still and not really doing, but it's waiting on the Lord."—Amanda Gunter

"Small change towards the big goal."—Amanda Gunter

Resources:

Website: www.brainbalancecenters.com

Facebook: <https://www.facebook.com/brainbalanceATL/>

Instagram: <https://www.instagram.com/brainbalanceatlanta/>

Golden Timestamp:

11:49-12:34 - Talks about how she encountered the Lord and how she discovered her purpose to help children who were struggling.

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