

Thriving In Spite Of The Unthinkable: When A Sensible Solution Becomes Your Worst Nightmare with Kathi McCarty

Warrior Arise! Podcast [Show Notes]

The mission of the Warrior Arise! Podcast is to inspire, empower, and equip you to think, feel, and act like the powerful Warrior you are so you can Live and Lead bravely, freely, and authentically in your unique purpose and destiny. In each episode, I'll impart hope, passion, and wisdom from my own journey from struggling, striving, and surviving to thriving. You will glean my expertise as a highly sought-after therapist and coach for more than a decade. You'll also hear vulnerable, authentic conversations with fellow Warriors who will share their stories of living in and leading with courage, freedom, and authenticity in a passion fueled and purpose centered life.

As a result, you will awaken to your true essence and power and uncage from patterns of thinking and behaving that hinder you so you can live in deeper satisfaction and soar to next level success in life, work, and business! Victory and prosperity are our inheritance. Promised land living is your birthright. As Warriors, we must claim ownership and step into what is ours to possess.

Kathi McCarty is a mom, activist, and founder of Meth Toxin Awareness Alliance. After experiencing a serious health event, Kathi left her position as a career executive in lending and banking to focus on her recovery. She decided to rent her family home to offset medical costs. A couple of months later, she realized that her beautiful home had been turned into a meth lab. The county declared the house uninhabitable and condemned it. Kathi endured a legal battle for 18 months, costing her thousands of dollars. The stress of the fight proved emotionally exhausting and financially devastating. Yet, Kathi turned the unthinkable situation into an opportunity to heal, to overcome, and to thrive. In this episode, you'll find out how and you'll be inspired to turn the disappointments and devastations in your own life into gifts and gratitude.

In this Episode, Kathi:

- Walks us through the life challenges she faced after her home was turned into a meth lab, how it shifted her life and the lessons she learned.
- Educates us on the reality of Meth contamination and the negative effect it has on unknowing home owners.
- Offers valuable wisdom with homeowners about protecting their home against meth contamination and other risks with home purchases, sales, and rentals.
- Shares how she gets through the challenging moments of her life financially, emotionally and mentally with a positive outlook.

Kathi McCarty is a mom, activist, founder, and owner of Meth Toxin Awareness Alliance. After experiencing a serious health event, Kathi left her position as a career executive in lending and banking to focus on her recovery. She decided to rent her family home to offset medical costs. What seemed like a sensible solution turned into her worst nightmare.

Kathi's beautiful home had been rented to a meth user by an irresponsible and unethical property management company. The tenant turned her house into a meth lab, contaminating the home while putting neighbors and the entire community at risk. The county declared the house uninhabitable and condemned it.

Kathi created the Meth Toxins Awareness Alliance in 2019. She works to share the knowledge she gained as she continues to seek justice for herself. She is on a mission to educate people and raise awareness regarding the insidious presence of meth toxicity in our communities, organizing community meetings, speaking to varied audiences, and partnering with experts and organizations.

Kathi provides information and guidance to support anyone who must navigate the complicated path of meth toxins contamination to recovery.

Quotes from this Episode:

“I do feel a deep calling to do what I'm doing even through grief - the grief of the life that I had planned.” — Kathi McCarty

“The meth contamination impacts our health and our physical safety. I knew that awareness and education were key ingredients to preventing this from happening to others.” — Kathi McCarty

Resources:

Website: <https://methtoxinsalliance.com/>

Facebook: <https://www.facebook.com/methtoxinsalliance>

LinkedIn: <https://www.linkedin.com/in/kathi-mccarty-657b665/>

Instagram: <https://www.instagram.com/kathi.mccarty.3/>

Golden Timestamp:

44:48 -45:50 - Shares her advice to people that are looking for a house to purchase and move is to look for Meth Contamination and have a test done by a State Certified Meth Tester

52:59-53:55 -The lessons she learned in this whole challenging process in her life.

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